**Grade 6.2-28**

**SEL: Naming Emotions Wk. 28**

* **Context:**This is the 2nd of 2 sessions on emotions. Research shows being able to name our strong emotions helps us stay calm and think through difficult situations.
* **Activity Link:** <https://curriculum.characterstrong.com/ssel/grade-6-session-18/>
* **Stop on slide:** 22
* **Grouping:**Students will be in partners.
* **Educator Share:**As the educator, you will be asked to respond to the following prompt: "As an educator in this space, I will try to name what I am feeling today and share a little bit about why I’m feeling that feeling. I’ll use 'You' instead of 'I' to model."