**Grade 6-8**

**SEL: Expert Explorers Week 8**

* **Context:**This session brings student voices forward with the goal of helping students understand that it is common to have worries at the beginning of middle school and that most students find that things work out better than feared.
* **Start on slide 21**
* **Activity Link:**

<https://curriculum.characterstrong.com/ssel/grade-6-session-4/>

* **Other Notes:**Students will need something to write with and write on. They will be reflecting on prompts that will be informed by what they see in a [**video**](https://curriculum.characterstrong.com/ssel/grade-6-session-4/).
* **After slide 35-**

Can do a get to know you 7 Categories Game (if time allows).